

Social Sciences and Humanities

Grade 11

Course Offerings



HSP3U



Introduction to Anthropology, Psychology and Sociology

Overview of Course:

- *Social Science Research* (methods & ethics in research)
- *Anthropology* (explores what makes us human, where we came from, how different cultures adapt, cultural patterns, language, investigates issues researched by classical and contemporary social scientists)
- *Psychology* (mental health, motivation, personality, sleep, memory, learning)
- *Sociology* (groups, cliques, gangs, socialization, human behaviour, gender)
- *Social Issues* (racism & discrimination; mass media influencing individual and group behaviour, effects on teens and those around them)



HSG3M Gender Studies



Overview of Course:

- *Research & Inquiry Skills* (explore, investigate, process & communicate info)
- *Gender* (What is the difference between sex & gender? How is gender a social construct? Explore sexism and power relations in a variety of contexts)
- *Representations of Gender* (How are men and women portrayed in media/arts?)
- *Securing Rights & Social Supports* (What are the concerns of the women's and men's movements? What are the rights afforded sexual minorities/LGBTQ?)
- *Local & Global Challenges* (How can we bring awareness to violence & discrimination in a local and global context?)
- *Changes & Social Action* (How can we implement change in the workplace and society? How can we change attitudes and work towards gender equity?)



HZB3M The Big Questions



Overview of Course:

- *Epistemology* (What is it to know something? Can you know anything for sure?)
- *Metaphysics* (What is the meaning of life? Does life have a purpose?)
- *Human Nature* (Are people born good or are they bad? Are we "blank slates"? Do people need brutal governments to keep them in line?)
- *Ethics* (How do we know what is the right or wrong thing to do? Can something be right for you and wrong for me? Is there an ethical code we can all agree on?)
- *Aesthetics* (What makes something art? Can everyone agree on something being art? What makes something beautiful or ugly?)



HPC3O

Raising Healthy Children



Overview of course:

- *Pregnancy and Birth* (signs of pregnancy, prenatal care and development, preparation for birth, and the birth process)
- *Infant Care* - Adjusting to parenthood (physical and emotional), understanding infants (physical, intellectual, emotional, social and moral development) and parenting infants.
- *Child Development* - meeting physical needs (promoting good nutrition, hygiene and motor skills)
- *Children with Special Needs* (range of needs, guidelines and special parenting practices)
- *Handling common parenting problems* (getting along and routines, adjusting to new siblings)
- *Finding solutions to family problems* (dealing with crises, neglect and abuse, strengthening family bonds)



HFC3M

Food and Culture



Overview of course:

- *Cooking Techniques and Skills* (measuring, knife skills, preparation techniques)
- *Characteristics, flavors, and aromas, of various herbs and spices associated with cuisines and cultures around the world* (Northern America, Southern America, Europe, Asia, Africa, Australia, Antarctic)
- *Food and Kitchen Safety* (rules of the kitchen, safe food preparation and storage, literacy and numeracy applied to recipes)
- *Preparation techniques of cuisine around the world* (various ways of creating dishes that reflect worldwide cultures)
- *Food Guides* (learning and understanding nutrition represented on food guides around the world)
- *Relationship between geography and the foods naturally found or produced in Canada and other countries* (how the land, resources and climate affect foods grown and produced in countries around the world)