

## **Support & Organizations**

**Black Youth Helpline** - Mission: Primary prevention of social, psychological breakdown in communities through a focus on education, health and community development. Established in Ontario since 2003

**Kids Help Phone** - a national charity that operates three counselling centres and offers community engagement initiatives through staff and volunteers across Canada.

**Black Boys Code** - A national organization that introduces Black boys 8 to 17 years old to STEM disciplines with a focus on computer science.

**Afiwi Groove School** - We promote healthy minds and bodies of Black youth and families through African dancing and Drumming.

**Riddim Fitness Inc.** - Located in Ajax, Ontario the Riddim Fitness Wellness Centre is the home of the Riddim Fit Dance Fitness Program, the Riddim Fit Kids Afro-Caribbean Dance & Education Program and the location of numerous community based fitness and wellness programs.

**Harriet Tubman Community Org** - Culturally Relevant and Responsive Youth Co-Created Development Programs and Initiatives for young Black (African) Youth. Based in Toronto

**Nia Centre for the Arts** - a Toronto-based charitable organization that supports, showcases and promotes an appreciation of arts from across the Afro-Diaspora.

**A Different Booklist Cultural Centre (ADBCC) – The People’s Residence** - a non-profit hub and destination that provides opportunities to experience the rich culture and history of Canadians of African and Caribbean ancestry. Located in Toronto’s iconic Bathurst-Bloor neighbourhood, “the Annex”, ADBCC engages the public to learn about these proud stories using literature, music, drama, dance and visual arts.

## **Learn**

### ***Videos***

**Black History is Golden: Black Culture is Your Culture** - Myles Bess chats with Pendarvis Harshaw, a writer and educator, to dive into Black Culture.

**The importance of your words - A video about Unintended Discrimination (created by students)** (2 min)

**What Canadian kids should know about #BlackLivesMatter** - Elijah Sandiford/CBC Kids News (7 min)

**Where can we be Black?** - TSN’s Kayla Grey (6 min)

### ***Articles***

**Black Canadian Heroes Who Have Paved the Way for Future Generations** - Terri Coles

**Explaining what "All Lives Matter" actually means when you say it** - Donnovan Bennett for Sportsnet

**Myths and Facts about Racism** - Canadian Resource (BC)

### ***Book List***

**Adult & Teen Reading List** - Toronto Public Library